

Communications



Agenda

- Challenges
- Strategies





Challenges



Challenges

- ♦ 12% of the US population is proficient in health literacy
 - Includes all aspects of patient's healthcare experience
- Jo Caudrill: "What's your listening style?"
 - 70% of communications is filtered out or changed by the listener
- Acknowledging and actively working to mitigate communication challenges is important

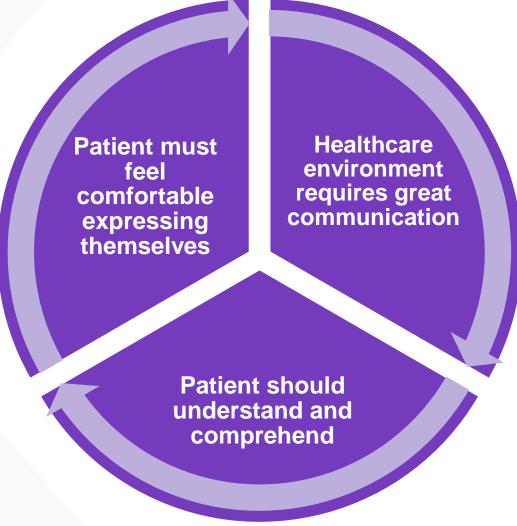




Strategies



Strategies







Strategies

- Complexity
- Speed
- Listening
- Body Language
- Useful Statements
- Game Face





Strategies: Complexity

Extended study of a subject creates mastery of that topic

Mastery may cause inability to comprehend complexity

Inform the patient that information will be provided on that call

Pause between instructions to ensure comprehension

Do not list information but instead prepare and educate the patient





Strategies: Speed

Busy environments can cause rushed conversation

Rushed conversation may be interpreted as rude or apathetic

Rushed conversation sends a message to not interrupt or ask questions

Some patients may respond in anger or disagreement

Some patients may be uncomfortable asking questions





Strategies: Listening

Listening can be cut in attempt to increase efficiency

Sometimes only responses that fit the question asked are "heard"

Listening is an intellectual response to hearing

Critical information can be provided by the patient

Listening to understand the patient is crucial





Strategies: Body Language

Mehrabian's study:
body language
accounts for 55% of
speaker's message

Try to be self aware of negative signals through body language

Subtle communication blunders should be avoided

Don't check cell phone, have apathetic posture or pinched countenance

Realistically assess how you are perceived by others





Strategies: Useful Statements

Can give you more time to think or buy time to gather information

Useful statements help when patients do not understand

Avoid overly clinical terms

Useful statements can be simple and straight forward

Practice your useful statements to sound smooth and confident





Strategies: Game Face

Communication can break down with negative filters

Unrealistic to learn to like someone

Try instead to listen as though you are listening to a best friend

Practice applying a positive filter toward people

Eliminate potential miscommunication simply because of personal feelings





Conclusion

- Communicate with patients like guests in your "world"
 - Good communication skills will automatically be employed
- Those unfamiliar with the environment can feel overwhelmed or confused
- Treat patients as a guest rather than just a customer
- Puts the patient at ease and facilitates positive, effective communication

